



February 2019 Elementary Breakfast Menu



Monday Tuesday Wednesday Thursday Friday

				1	Beignets & Donuts AND Grill Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk
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4	Chicken Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	5	Pancakes w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	6	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	7	French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	8	Beignets & Donuts AND Grill Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk
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11	Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	12	Waffle w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	13	Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	14	Pancake Wrapped Sausage AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	15	Beignets & Donuts AND Grill Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk
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18	Chicken Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	19	Pancakes w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	20	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	21	French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	22	Beignets & Donuts AND Grill Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk
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25	Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	26	Waffle w/ Sausage Links AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	27	Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	28	Pancake Wrapped Sausage AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	
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February 2019 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Shepherds Pie Glazed Carrots Assorted Fruit Fresh Fruit Chilled Tropical Fruit (Pre-K & Sat) Southern Butter Roll Rice Krispie Milk
4 Beef Stew Rice Carrot Soufflé Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Biscuit Milk	5 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Sat & Pre-K) King Cake Milk <i>Pre-K Option Only</i> Grilled Cheese Sandwich, Corn Chilled Mandarin Oranges, King Cake, Milk  Happy Chinese New Year	6 Salisbury Steak Mashed Potatoes Black Eyed Peas Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Cornbread Milk	7 Meatsauce Spaghetti Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K & Sat) Garlic Rolls Milk	8 Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K & Sat) Southern Butter Roll Brownies Milk
11 White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links California Blend Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K & Sat) Biscuit Milk	12 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Sat & Pre-K) King Cake Milk <i>Pre-K Option Only</i> Grilled Cheese Sandwich, Corn Chilled Pears, King Cake, Milk Lincoln's Birthday 	13 Meatballs and Red Gravy Spaghetti Broccoli w/Cheese Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K & Sat) Garlic Roll Milk	14 BBO Chicken Mac and Cheese Glazed Carrots Seasoned Green Peas Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Southern Butter Roll Milk 	15 Chicken & Sausage Jambalaya Seasoned or Italian Green Beans Caesar Salad Assorted Fruit Fresh Fruit Chilled Pineapple (Pre-K & Sat) Southern Butter Roll Cake Milk
18 Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Southern Butter Roll Milk 	19 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) King Cake Milk <i>Pre-K Option Only</i> Grilled Cheese Sandwich, Corn Chilled Applesauce, King Cake, Milk	20 Salisbury Steak Mashed Potatoes w/Gravy Black Eye Peas Assorted Fruit Fresh Fruit Chilled Tropical Fruit (Pre-K & Sat) Cornbread Milk Nutrition Day  Sugar Snap Peas	21 Chicken Stew Rice Carrot Soufflé Spinach Salad Assorted Fruit Fresh Fruit Chilled Pineapple (Pre-K & Sat) Biscuit Milk	22 Lasagna Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K & Sat) Garlic Roll Cookie Milk
25 Chicken Parmesan Spaghetti Seasoned Green Peas Assorted Fruit Fresh Fruit Chilled Pineapple (Pre-K & Sat) Garlic Rolls Milk	26 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K & Sat) King Cake Milk <i>Pre-K Option Only</i> Grilled Cheese Sandwich, Corn Chilled Peaches, King Cake, Milk	27 Red Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links California Blend Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Cornbread Milk	28 Turkey Stew Rice Creamed Spinach Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K & Sat) Southern Butter Roll Milk	

February 2019 Elementary Sandwich Menu








Monday

Tuesday

Wednesday

Thursday

Friday

				1 Brunch for Lunch Scrambled Eggs Sausage Patty Grits Biscuit Tator Tots Fresh Baby Carrots Assorted Fruit Fresh Fruit Tropical Fruit (Pre-K & Sat) Rice Krispie Milk
4 Boneless Wing Carrot Souffle Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Biscuit Milk	5 Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Corn Tots/Shoestring/Crinkle or Smiles Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K & Sat) King Cake Milk 	6 Cheese & Pepperoni Pizza w/Rolled Edge Baked Beans Italian Salad Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Milk	7 Grilled Cheese Sandwich Roasted Broccoli Caesar Salad Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K & Sat) Milk	8 Chicken Patty on Bun Green Peas Lettuce/Tomato/Pickle Tots/Shoestring/Crinkle or Smiles Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K & Sat) Brownie Milk
11 Chicken Nuggets California Blend Baked Beans Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K & Sat) Biscuit Milk	12 Calzones(Pepperoni) Spinach Salad Golden Corn Fresh Fruit Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) King Cake Milk Lincoln's Birthday 	13 Chicken Patty on Bun Lettuce/Tomato/Pickle Tots/Shoestring/Crinkle or Smiles Broccoli w/Cheese Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K & Sat) Milk	14 Brunch for Lunch Pancakes Sausage Patty Grits Tator Tots Fresh Baby Carrots Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K & Sat) Milk 	15 Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Tots/Shoestring/Crinkle or Smiles Seasoned or Italian Green Beans Assorted Fruit Fresh Fruit Chilled Pineapple (Pre-K & Sat) Cake Milk
18 Cheese & Pepperoni Pizza (Hand Tossed) Green Peas Tots/Shoestring/Crinkle or Smiles Assorted Fruit Fresh Fruit Chilled Pears(Pre-K & Sat) Milk 	19 Grilled Cheese Sandwich Corn Spinach Salad Assorted Fruit Fresh Fruit Chilled Applesauce(Pre-K & Sat) King Cake Milk	20 Chicken Patty on Bun Lettuce/Tomato/Pickle Baked Beans Tots/Shoestring/Crinkle or Smiles Assorted Fruit Fresh Fruit Chilled Tropical Fruit (Pre-K & Sat) Milk Nutrition Day  Sugar Snap Peas	21 Boneless Chicken Wings Mashed Potatoes Carrot Soufflé Assorted Fruit Fresh Fruit Chilled Pineapple (Pre-K & Sat) Biscuit Milk	22 Hamburger on Bun w/wo Cheese Lettuce/Tomatoes/Pickles Roasted Broccoli Tots/Shoestring/Crinkle or Smiles Assorted Fruit Fresh Fruit Chilled Mandarin Oranges(Pre-K & Sat) Cookie Milk
25 Sloppy Joe on Bun Seasoned Green Peas Baked Beans Assorted Fruit Fresh Fruit Chilled Pineapple (Pre-K & Sat) Garlic Roll Milk	26 Calzones(Cheese) Italian Salad Golden Corn Assorted Fruit Fresh Fruit Chilled Peaches(Pre-K & Sat) King Cake Milk	27 Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Tots/Shoestring/Crinkle or Smiles California Blend Assorted Fruit Fresh Fruit Chilled Pears(Pre-K & Sat) Milk	28 Cheese & Pepperoni Pizza (Hand Tossed) Creamed Spinach Caesar Salad Assorted Fruit Fresh Fruit Mandarin Oranges(Pre-K & Sat) Milk	